

## Mji wa furaha 2017

Preparing ourselves to become leaders in our local Churches and communities requires deep roots in a personal relationship with Christ. The retreats at Mji wa furaha are aimed to develop the capacity of young adults in taking responsibilities. Together we want to go to the wellsprings of faith through prayer, bible reflection, common life, personal reflection and sharing...

## Monthly recollection

program: Starting the last Friday of the month: report before 6.00pm, 7.00pm supper, song practise, 8.30pm evening prayer with the prayer around the cross. Night in Mji dormitories. Saturday: 7.00am morning prayer, breakfast, 8.45am bible introduction, personal meditation, sharing in small groups, 12.30 midday prayer, lunch and departure. Registration three days before, 60KSh.

<u>Feb 24-25, March 24-25, May 26-27, June 23-24, July 28-29, September 29-30, Oct 27-28, Nov 24-25.</u>

## International retreats

April 19 - 23, 26 - 30 "Blessed are the gentle : they shall have the earth as inheritance"

August 16-20, 23-27 "Blessed are the peace makers: they shall be called children of God"

December 29 (Nov) - 3, 6 - 10 "Blessed are those who hunger and thirst for righteousness: they shall have their fill"

Each morning there is a Bible introduction, followed by a time of silence and sharing in small groups. In the afternoon, practical work and seminars help us to deepen the relationship between faith and life. Experiencing a simple life shared with others reminds us that daily life is the place where Christ is waiting for us.

## Program:

Wednesday: Reporting between 3.00pm and 5:00pm 7pm Supper 8:30pm Prayer

Thursday, Friday, Saturday

7:00am Morning prayer, then breakfast

8.45am Bible introduction, personal reflection, sharing in small groups

12.30pm Midday prayer, then lunch

Afternoon meetings, visits to places of hope or workshops, 7.00pm Super, 8.30pm Evening prayer, followed by night silence. Friday evening prayer is followed by *prayer around the Cross. Celebration of the light* during Saturday evening prayer

Sunday: celebration of the Eucharist. Departure after breakfast.

Venue: The retreats are residential. Simple accommodation in dormitories and meals will be provided at Mji wa furaha. Please bring with you: Bible, paper and pen, bedsheets, towel, slippers, soap, toothbrush, and personal effects. Do not bring laptop or valuable objects. Be ready to minimize communication with outside, the use of phone is restricted! Participation in the costs: for the four days meetings, 500 KSh, food and accommodation included. The meetings receive no external subsidy but depend on participants' contributions. Registration: communicate your plan as soon as possible and confirm the figure of your participation one weeks before the retreat. Take note that the total number of participants is limited to 85. Age: 18 to 30 years. Note that participation in the retreat requires maturity and a sense of responsibility, a personal motivation and commitment to take part in the program, to be ready to take up practical duties, not to organise side activities, etc.

Taizé brothers are available for personal conversation and to facilitate, on request, parish or deanery youth retreats at Mji wa furaha or elsewhere.

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